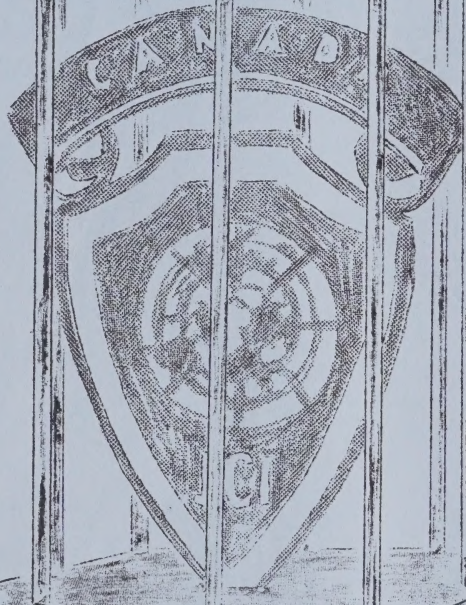


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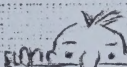
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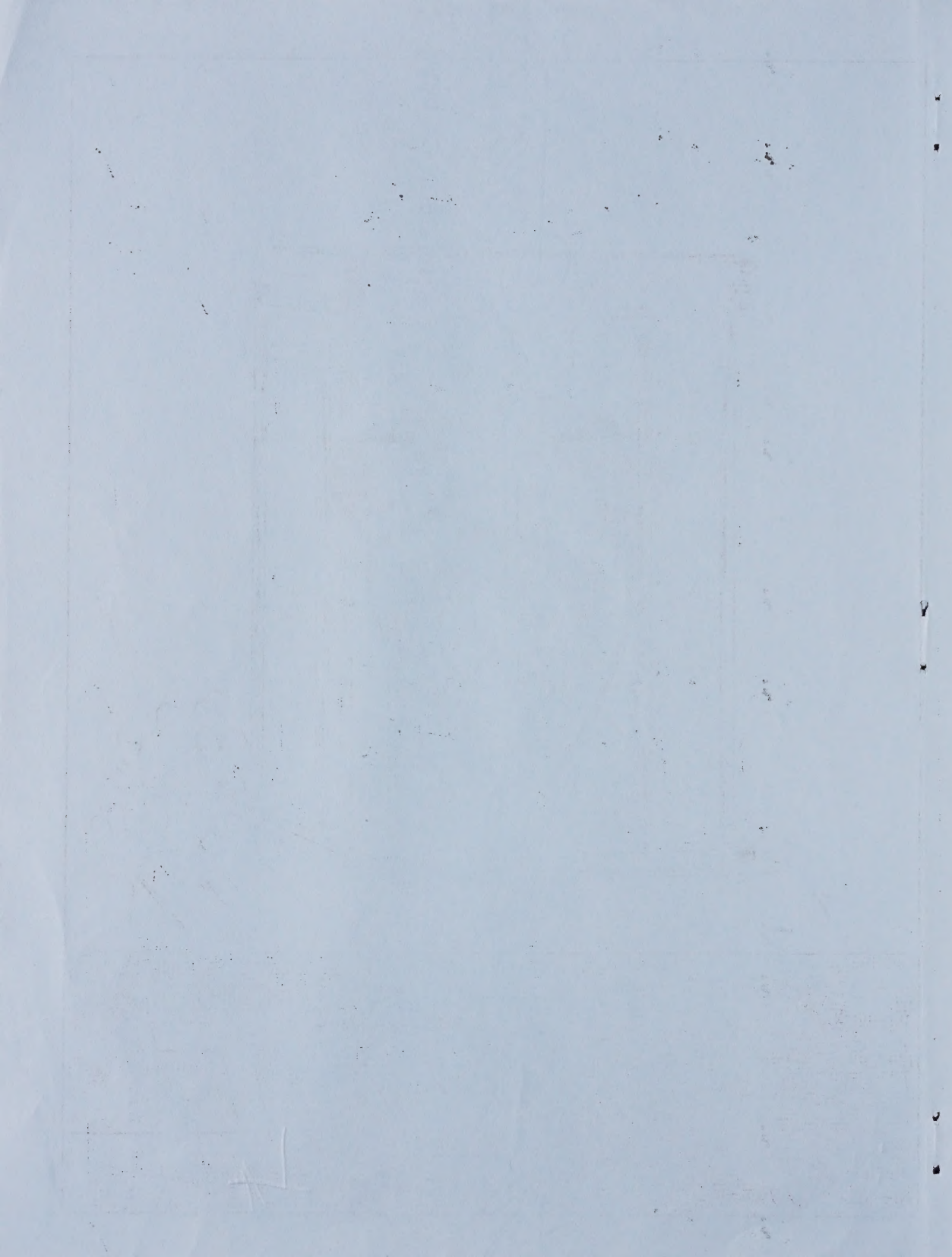
DORCHESTER 74



PENAL
REGISTRATION

SEPTEMBER
1974


The Echo



WHAT DID YOU DO ...

JAYCEE WEEK

SEPT. 15-21

1974 ?

PUBLICATION

The "ECHO" is published by the members of the Dorchester Jaycees. The purpose of this newsletter is to give the members of the Dorchester Jaycees an opportunity for self-expression; to provide a medium for discussion of public problems concerning the Correctional Field; to further a better understanding between the Dorchester Jaycees and the public; to be constructive and informative; to carry within it's interior the high value of Junior-Chamber-International to the public and to those men incarcerated. The opinions expressed in this newsletter are not necessarily the views of JCI as a whole; or does the publication of any of the articles imply an indorsement, as permission is hereby granted. We will "WELCOME" articles about your Unit's program on any subject relating to your work, experience, or interests in the field of Corrections.

Our mailing address is:

EDITOR: THE ECHO
DRAWER "A"
DORCHESTER, NEW BRUNSWICK
CANADA; "EARTH"

-EDITOR-

JAYCEE CREED

WE BELIEVE:

THAT FAITH IN GOD GIVES MEANING AND PURPOSE TO
HUMAN LIFE;

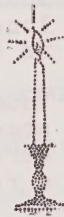
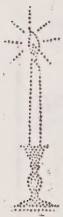
THAT THE BROTHERHOOD OF MAN TRANCENDS THE SOV-
EREIGNTY OF NATIONS;

THAT ECONOMIC JUSTICE CAN BEST BE WON THROUGH
FREE MEN THROUGH FREE ENTERPRISE;

THAT GOVERNMENT SHOULD BE OF LAWS RATHER THAN
OF MEN;

THAT EARTH'S GREAT TREASURE LIES IN HUMAN PER-
SONALITY;

AND THAT SERVICE TO HUMANITY IS THE BEST WORK
OF LIFE.



SEPTEMBER, 1974

EDITOR :

PAUL G. YEATES

It never ceases to amaze the editor of this Jaycee newsletter when seeking material for this newsletter he finds said material unavailable. In fact suitable articles for publication in the Echo, have to be invented by the Echo staff themselves.

STAFF WRITER

JEAN LEBLANC

Now I ask you; fellow Jaycees, ladies, gentlemen, and fellow residents of Dorchester Penitentiary, is this any indication to you that somewhere along the line the communication between us is slightly lax?

Your friendly staff writer for example is presently seeking somebody to donate a cooling system for his overworked cerebrum; a fourteen pound hammer to adjust his typewriter and a remedy for a persistent Le Francois accent. (And I agree)

Nevertheless, your friendly Echo staff has the determination to carry on, but we could as the song goes "Get along with a little help from our friendly readers". Think about it folks. We are capable willing and hoping to hear your views on any subject whether it be relating to the Correctional Field, Jaycees, or even the legalization of marijuana; anything, as long as it doesn't include the word Nixon.

CIRCULATOR

ERNEST BOWLER

Remember: TODAY IS THE FIRST DAY OF THE REST OF YOUR LIFE.....LET'S READ ABOUT IT IN THE ECHO.

CIRCULATOR

FLOYD MORINE

ART

PGY - JML

editorial

"PRISONS;CENTRES OF ISOLATED HUMAN POTENTIAL." FACT OR FICTION?"

Possibly,there is no group of people confined in one immediate locality of an appropriate size,enabling the persons of such, to directly observe each other and learn from this observation the varying personalities,capabilities and tacts used in overcoming their frustrations; than those people contained within a Penal institution. Cause for this would best be explained by pointing out the immense abandonment of these persons by "world societys"and the withdrawal from these "world societys" by the individuals themselves. (I must further add,this I believe is the cause for failure in Penal reform)

Persons imprisoned,for whatever reason,are of no set pattern.By this I mean there is not a specific degree of inteligen~~ce~~,which places a man or woman in a penal institution.The concept found in other types of institutions,such as,mental hospitals or institutes for blind persons;unlike penal institutions,is one of guidance,understanding and concern,which in most part is practiced.Treatment is not to be derived through punishment. Individuals in the latter type of institution are encouraged to realize their own creative talents and desires. The only likeness shared by the various types of institutions is that they are financed by the "world societys",whether direct or indirectly.

The atmosphere to be found within a penal institution, is one of deep bitterness; cause being each individual is aware—that he will not find a remedy for his problems and instead he is here only because,as he was told,"to pay a debt to society."

.....continued

A drastic way to start a man off on rehabilitation; is it not?

The real shame of prison environments is the great number of young men and women; that is most of the men and women confined in any given penal institution are well under the age of full maturity. An age when one is trying to decide upon his or her future. Needless to say confinement, bitterness, because of confinement and a shared commonness by other inmates of the institution easily help in a decision for a young persons future. The final blow comes upon completion of paying the debt back to society. Meaning upon the offenders release and that first step is taken back into society he finds he is very easily rejected because of his previous incarceration.

Now I ask, where is the humanism in maintaining penal institutions for the purpose of "protecting society"? Why do these same societys continue to reject the offender rather than cure him through, treatment of understanding, guidance and sincere—concern? Punishment is a failure, if not totally insane means of treatment.

Young lives are being "wasted" inside prison walls and the human potential of these young lives will in most cases never be revealed because the young offenders future has already been decided upon. Not by the individual but by society and mans — weakness to his emotions.

-EDITOR-

Paul G. Yeates

I CONTRADICT MYSELF. I AM LARGE. I CONTAIN MULTITUDES.

***** DORCHESTER JAYCEES

EXECUTIVE

PAST PRESIDENT:
* Donnie LeBlanc

PRESIDENT:

LARRY HARVEY

Internal

V-P

DAVE TOWLER

V-P

External

JEAN LEBLANC

SEC. TREAS.

DONNIE AMBROSE

DIR:

FLOYD MORINE

DIR:

DOUG ANDERSON

DIR:

BLAIR DEBAIE

DIR:

DON ARMSTRONG

Liaison: Bill Leslie

Penal Liaison: Dennis J. Chipman

DID YOU KNOW

that

The Dorchester Jaycees have general meetings every week

that we have a monthly newsletter which has a circulation of nearly five hundred copies,

that we recently adopted the personality concept,

that our membership is open to persons from the outside,

that we have a constant Youth Speak program and that our speakers visit dozens of schools each year,

that we annually sponsor a needy family project and that December 1974 will see us giving a special party for fifty handicapped children of the surrounding area?

WERE YOU AWARE

that

We always have one course or another in progress,

that we are concerned about education and sponsored several programs to improve the latter.

that we have a S.P.O.K.E. program,

that we carry no less than ten projects at one time?

DID YOU KNOW

that

We need guests from outside Units as we cannot visit them as we wish, and that we are anxious to work with YOUR Unit on different projects?

Well, fellow Jaycees, now you KNOW and we hope to hear from you in a very near future.

We Believe

That the Brotherhood of man transcends

Do YOU?

DORCHESTER JAYCEES



".....and my reason for wanting to see the Warden is none of your concern."

A REPORT FROM

the External V.P.

The last time I wrote a monthly report it was my hope that the present report would be filled with a mile long list of achievements.

My hopes were based on expected results from our recent induction night. If compared with anything from the past, the evening was a success, but the turn out was far below what was to be expected.

It seems that many Jaycee Units in the Maritimes have nobody to take care of the correspondence or that it requires too much of an effort to acknowledge an invitation.

Apathy is not a factor localized only on the outside though, many are our members who suffer from an acute case of this illness. Hopefully, the cold weather setting in will force them to move a little more, even if only to keep warm.

Mrs. Stella Roberts and Diane Kays gave a very informative speech on Induction Night and this will be a program that we will get off the ground, soon.

Marital Counselling is needed, sadly needed in here. There are even men in this hole who still believe that the "Eternal Triangle", spoken of in any novel for nurses, means two individuals fighting for the bed of a third. It is more than time that they are taught to bring down their concepts and limit their problems to a rough representation of the Delta sign.

It is a fact that families are broken by jails and, if Counselling cannot avoid it, it can certainly give means to accept the facts and how to live with them.

No doubt that Diane Kays would object to my views on marriage counselling; and I agree that there is much more to it than my semi-cynical analysis.

The Amherst and Tanaboda Jaycees responded very positively to our offer for closer relations and much will be accomplished between our Units in the future. Point of fact, at an executive meeting, people concept was accepted and the Executive decided to admit twelve members from the outside communities. Full members, of course, who will have voting rights and access to positions on the Executive. Such decision most welcome as it is about the only way that Dorchester Jaycees can really live up to the Jaycees' philosophy.

Jean LeBlanc

Ext., Vice-President
Dorchester Jaycees.

Speaking on S.P.O.K.E.

by
STRETCHHHHH.....

Seeing as how National Jaycee's have come up with a revised S.P.O.K.E. program for the new Jaycee, I thought it best that I read the program in its entirety.

The only real major differences are in the mandatory requirements and optional requirements. Using slightly different wordings it has become a far more effective type program. Previously, one had it so easy it was a piece of cake. All he really had to do was his mandatory and seven optional activities and the Jaycee member could qualify for a S.P.O.K.E. award.

Now it is different! Service is at least 60% minimum attendance rather than giving an oral or written report and the other key is KNOWLEDGE.-Know and be able to recite the Jaycee Creed, whereas before it was KNOW and UNDERSTAND the Jaycee Creed. Something this Unit sadly lacks!

As for the optional activities, now called suggested activities, one must complete 12 out of 22 activities if he or she is to receive a S.P.O.K.E. award within the first year of their involvement with Jaycees. Further I see where Regional competitors for SPOKE this year, go onto National S.P.O.K.E. if they should win at the Regional level.

What I would like to see on a world basis is, each Country having a S.P.O.K.E. champion who would compete against one another for the FRAND OUTSTANDING S.P.O.K.E. of the 80 some odd countries so represented by Jaycees.

Now that would be something and it is this writer's intentions, upon Full Chartership -- which hopefully will be December 1974, to lay out a Basic Form on this and try to promote this idea.

Perhaps others would like to see this idea come about, by all means go ahead and use it and please let know if I can be of any assistance.

SEPTEMBER REPORT

from

Community Development Director

Dough Anderson

Will that time of the month never cease to arrive? Here it is again, Report time, so off we go.....

All my commissions, barring one, are go, the one to get off the ground is still in the process of being evaluated by the sounding board. I have sent for an Exchange Directory and I referred to Pen Pals.

This project was sort of dumped off into our midst by a fellow no longer here and exactly what he had in mind is not really too clear; so under the capable hands of our Past President it is hoped he will be working on this and using his own ideas and initiative.

Concern will be dealt with by the coordinator of this project, our External Vice-President, Jean LeBlanc.

Family Visits, under the Chairman Don Leil and again our Ext., V.P., went off very well and no problems were forthcoming the work that goes into this Family Visits is a sort of thankless job. At this time, I would like to say to all the guys on the Family Visit Committee; THANK YOU, you all do good every time out.

Encounter, under chairman Frank Oliver is moving along well but for the odd minor set back through no fault of Frank I must say. Every once in a while a group fails to show up due to one reason or another. Frank can't be responsible for that nor can the group who failed to show up, come in the following week as that would interfere with another group so until we can possibly make other arrangements, maybe two visitations a week and a liaison officer, we will have to abide by how it is.

I see how Frank is conducting his baby Encounter and I say : thanks man, your doing a great job and keep it up. I heard speculations that we might be getting 5 or 6 encounter meetings a month from the now 4 a month. Anyone interested in coming into Dorchester "STONE CITY" Stoned City as far as the typist is concerned- can write to Frank Oliver or to any member of his Committee. These are; Floyd Morine-Don LeBlanc-Roy Parker and Chris Tingley. DRAWER A, DORCHESTER, N.B.

Now lets get into Youth Speak, under Chairman Bob Haddock. For the past while it was a problem getting guys cleared for temporary absences. The only two or three going out on speaking engagements were the same constantly. Now things are picking up and we have a total of seven cleared to go out.

Youth Speak is a unique experience. One does not need an effective speaking course to be a member nor does he need Leadership In Action to participate. All that is required is that one be himself, honest and above all remember the Youth Speak's Motto: IT IS AS MUCH OUR DESIRE TO HELP

AS IT IS TO BE HELPED

Relating one's life styles can prove to be the right stepping stone for a young person and how NOT to follow in our footsteps and consequently NOT COME IN JAIL.

As the chairman so aptly puts it will sum it up nicely and I'll sign off this report with this in concurrence with Bob; we are all in Youth Speak to help and to be helped, and if a person is not in Youth Speak for this they should get stepping as the door is handy.

DOUGH STRETCH ADERSON
C.D.D.

DIRECTOR REPORT

SEPTEMBER 1974.

Individual Development

The Leadership In Action course sponsored by the Dorchester Jaycees have been completed after seven weeks. On August 27, the following were presented with certificates for the completion of this course;

D. Armstrong
D. Anderson
A. Burnett
R. Dempsey
L. Harvey
J. Houston
D. Leil
M. McKee
F. Morine
J. LeBlanc
E. Rose
D. Saunders
V. Smith

My congratulations to the above mentioned. I am very pleased that some of those men are partaking in the Effective Speaking course. I also wish to thank Mr. D. J. Chipman, now a resident of Dartmouth for conducting the Leadership In Action course for our Jaycee Unit. My thanks also to Mr. Jean LeBlanc, from our Unit, who did a fine job in giving the course when Mr. Chipman had to take a few weeks off to move in Dartmouth. Sincere thanks to you gentlemen. Also my thanks to R. Dempsey who looked after the rooster and acted as chairman for this group.

I recently spoke with Mr. Don Oram and was informed that he will give a substantial portion of his time to bring us an effective speaking course. Point of fact, the course is already under way and the first lesson went very well.

This course will take about twelve weeks and fifteen Jaycees enlisted. Some of them may drop out as the course goes along, but the best ones will stay and our Unit will be proud of having such men as members.

Floyd Morine
Director
Individual Development.

MARITAL COUNSELLING PROGRAM:

Marital Counselling with inmates and wives, evolved from requests from the Inmates Committee to Unison.

In April, 1974 Unison approached me (as a member of Unison's Board of Directors) with regard to meeting with a group of couples who expressed a desire for counselling. Ms. Marie Gallant, M.S.W. (member of Unison's Board of Directors) volunteered to assist.

On the evening of May 7th I travelled with Unison staff and wives to Springhill and met with a group of five couples. It was decided by all that marital counselling with individual couples would be preferable and more beneficial than group marital counselling. However, the decision presented a "time" problem. In order to effectively provide counselling to five couples, approximately 10 hours plus travelling time would be required. In June the following decisions were made:

1. Unison would financially make it possible for me to provide weekly sessions for three couples (or more if needed) during the months of July and August.
2. Marie Gallant would provide monthly sessions for two couples on Tuesday evening. The monthly sessions would go beyond August.

On July 4, 1974 the weekly sessions began and will conclude on August 29th. Four couples have been receiving counselling - the fourth couple did not begin until August 1st. The wives and myself leave Halifax in the morning, the sessions are held, and we return in the evening. Arrangements for both weekly and monthly sessions are made through Father Hallet and Rwy. Crosby, both of whom have been instrumental in the program.

The counselling sessions appear to be more than beneficial and generally the motivation has been at a high level. Counselling is geared to the needs of each couple. However, generally the focus is on the numerous aspects of the marital relationship (especially communication) and difficulties which arise from a lengthy period of separation. The counselling is not "advice-giving", one can get that from neighbors, etc! The goals of the sessions are determined by the couple and the counsellor. As with any mode of counselling or therapy, the counsellor is primarily there to assist in assessing the need, and to assist the persons to meet their needs. Simply, to help them help themselves, and that's a two-way process. The old saying-"You get as much out of something, as you put into it", is quite applicable to the counselling process.

I strongly believe that the initiation of such a program is a unique positive step in the right direction. However, in order to continue marital counselling at Springhill, assistance will be needed from sources other than Unison. The Solicitor General of Canada has recently been approached in the hope that his department will be able to finance an on-going.

In conclusion, I wish this program all the best in the future.

(Ms.) Diane Kays, M.S.W.
and on behalf of
(Ms.) Marie Gallant, M.S.W.
Marital Counsellors.



A SHOT OF HUMOR
from
GEORGETOWN JAYCEES



Father Murphy was a priest in a very poor parish.

He asked for suggestions as to how he could raise money for his church and was told that horse owners always had money.

So, he went to a horse auction but made a very poor buy, as the horse turned out to be a donkey.

However, he thought he might as well enter the donkey in a race. The donkey came in third, and the next morning's headlines in the local paper read:

" FATHER MURPHY'S ASS SHOWS "

The archbishop was up in arms and figured something had to be done. Father Murphy had entered the donkey again and it came second. Now the headlines read:

" FATHER MURPHY'S ASS BACK IN PLACE "

The archbishop thought this was too much. So he forbade the priest to enter the donkey in any more races, which inspired the newspaper editor to write:

" ARCHBISHOP SCRATCHES FATHER MURPHY'S ASS "

The archbishop heard this and ordered Father Murphy to get rid of the donkey. He was unable to sell it, so he gave it to sister Agatha as a pet.

When the archbishop heard of this, he ordered sister Agatha to dispose of the animal at once and she sold it the next day for \$10.00.

Next day the headlines read:

" SISTER AGATHA PEDDLES HER ASS FOR \$10.00 "

They buried the archbishop three days later.

The girl down the hill will surely attract an Italian, her complexion is so bad that you'd think she is wearing a pizza.

WANTED

More and better trades in DORCHESTER.



The Dorchester JAYCEES are giving a very attentive look at the few trades available at the Dorchester penitentiary and at the value those trades have once the apprentice is released from this institution.

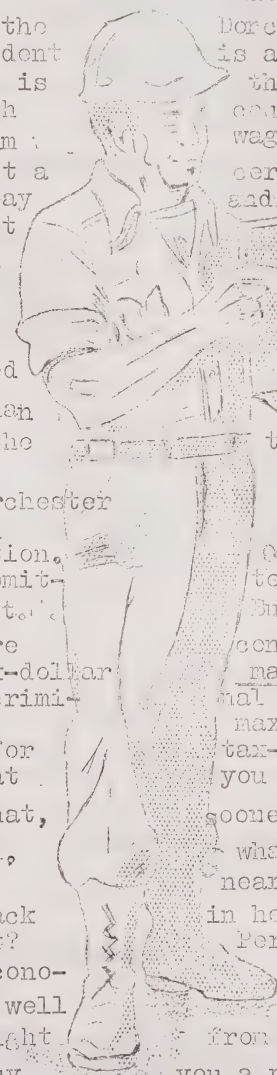
It is very unfortunate that two shops were recently closed down, there was not that many to start with.

Another area of concern to the short period of time a resident shop. As a rule, six months is learning a trade. Such crash when confronted with minimum : ers have the right to expect a return for the wages they pay men trained in here can meet a result; those who are re- accept apprentices' wages ce when a man has to start

There are four hundred and most of them are more than meaningful jobs. Give them the and they will do the rest.

Not too long ago, the Dorchester to investigate the trades in to a very distressing situation. in a brief which will be submit- and to the Solicitor Gen. Dept. ved unless the tax-payers are wa know that some of the tax-dollar those released resorted to crimi- food, and shelter. As it is, are a very poor investment for high price for something that

You must keep in mind that, behind bars will be released, and you will, at a cost of a year, you will send him back is nothing to learn for most? produce more graduates in Econo- logists? Those in power are well they must have the Green Light part of the tax-dollar to buy



Dorchester Jaycees is the too is allowed to remain in a training the maximum that a man can spend courses have very little weight wages policy. Potential employ- certain quality of labor in and we know that very few such expectations. As leased often have to and this does not suffi a new life for himself.

men and boys in here anxious to prepare for tools and necessary instructio

Jaycees formed a committee here and to seek alternatives Our findings are to be compile ted to the local administration But nothing can really be achie concerned and that they let Otta may be spent to prevent that al activities in order to secure maximum security institutions tax-money. You are paying a very you will seldom be satisfied with sooner or later, the men presently what then? Another costly trial nearly thirteen thousands dollars in here so he can learn that there Perhaps the solution would be to mics than lawyers and psycho- aware of the situation but from the voters in order to use you a positive social capital.

We are presently investigating the possibility of having contractors from the outside coming in here to make use of the manpower available and to train men according to the required standards. A pilot project could be launched without any immediate increase to the present budget of the Department of Justice. The local tailor shop, which now house more than twenty men during day time and barely produces enough to meet operating cost, could easily be converted to a very progressive industry. An industry which would employ thirty-five men, pay them no less than two hundred dollars per month and, in the first year, reimburse the required fifty thousands dollars of equipment to be obtained through an L.I.P. grant.

The largest part of the wages would go to support the families of the workers. Those wages could easily exceed the afore mentioned figure if the employee put the necessary effort at his job. The obtention of a L.I.P. grant can be justified by the fact that the distribution of the product manufactured in here would be handled by ex-inmates. A minimum amount of reflexion should convince the reader that it is much cheaper to produce qualified workers, self respect and hope than recidivism.

But the Dorchester Jaycees cannot do everything alone, we are far too limited in our contacts and the definite authority possessed by voters is out of our reach. We can only try to enroll our readers under a banner of humanism. Care to join? You can easily sign in by us at the next National Convention, seeking involment from business men you know and by contacting us for further information.

Enthousiastically yours in Jaycees,

Jean LeBlanc
Jean LeBlanc
External Vice-President
Dorchester Jaycees.



"Now don't forget; I'll
attract his attention, while
you fill our gas tank."

PRISON WIFE

Once, a long time ago
an angel I did meet,
Her eyes were warm and lovely
and her smile was very sweet;
Of all women I had seen
In my twenty years of life,
I never seen one I wanted more
for my very own sweet wife.

I asked her and she said yes,
She would be wed to me,
I wanted to build a house of glass
So that all the world could see;
I would like to have bought her the moon
And a rainbow for a crown,
But after twenty one short years
My world came crashing down.

You see I happened to break the law
Against her sound advice,
And now I'm in a prison cell
So that next time I'll think twice
One day they came and picked me up
They said that they'd use force
And now my very own sweet wife
Is getting a divorce.

It isn't that she loves me less,
She's still in love with me,
When I think of how I love my lass
Things blur so I cannot see;
By herself she is very lonely,
I guess this what you call fate,
In spite of the love she has for me
It is just too long to wait.

Herb Leavitt.

(((((((((PRISON JAYCEES))))))))

I came into this prison some eighteen months ago not really knowing what I was going to do to better myself. One day I heard some of my friends speaking about Jaycees and getting involved with the people from the outside to see if they could help out in a way that not only would they be helping the people outside but would be helping themselves as well.

Neverthe less I joined the Jaycees here in Dorchester.

The impression that I had at that time was that the Dorchester Unit had various interesting and beneficial projects operating that attracted my individual interest. The only real misfortune though was, I felt at that time too few men were taking part in the constructive and many useful programmes that had been placed upon a small minority of the members.

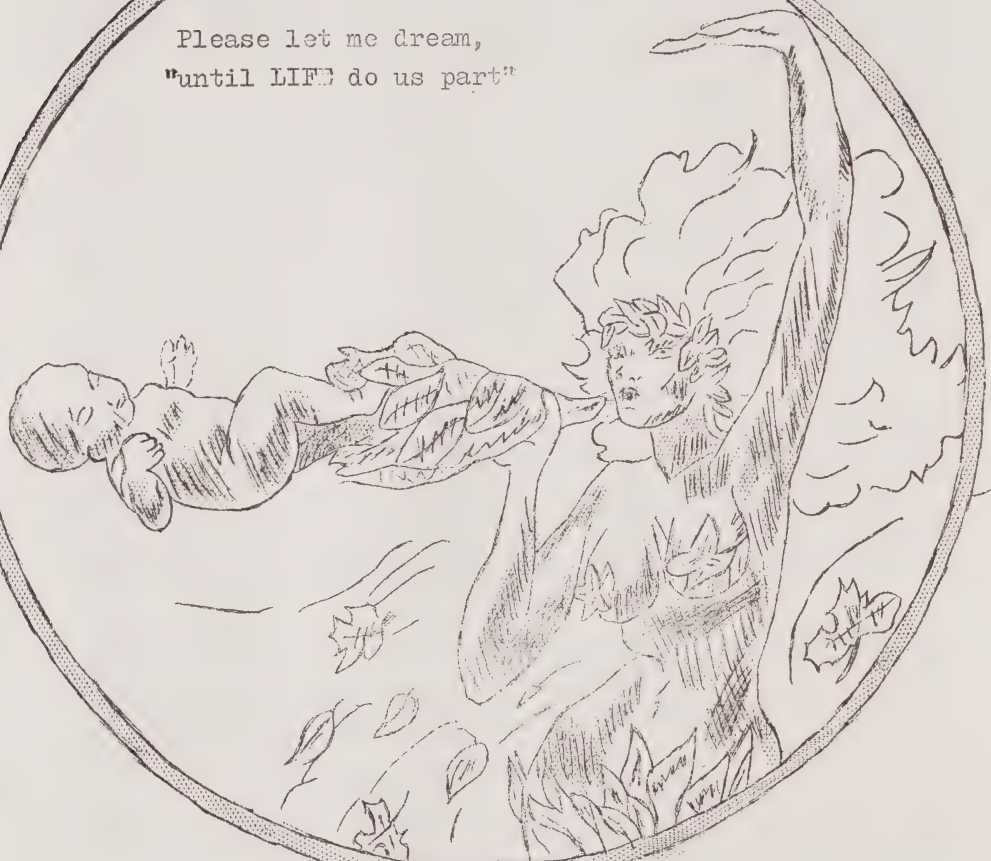
The biggest difficulty at the meetings was the low participating level from the majority of the Jaycee membership. I must say though, those men responsible and playing an active part in the Unit, managed to fulfill a great deal of the membership planning of all the projects in operation. The Dorchester Jaycees will not survive as a Unit much longer though unless more active participation is received from you, the membership who I am certain have a great deal of potential, but seem to lack the confidence to participate.

Now is the time to become involved. Let me point out, becoming involved with the Jaycees will require a certain amount of your free time and effort, but the rewards are unlimited and beneficial to you and to your Unit. In closing, I wish to say that we are not here to take your services for granted, but rather to encourage you to help us to better your community so that your community will help both of us by providing a better understanding between ourselves.

IF AT FIRST YOU DON'T SUCCEED, TRY, TRY, DORCHESTER JAYCEES!

-- ERNEST BOWSER

Please let me dream,
 "until LIFE do us part"



...And round and round goes the world, unaware, unconcerned
 for me.

Up and down, and away on the seas
 under the sun
 and the stars

without me.

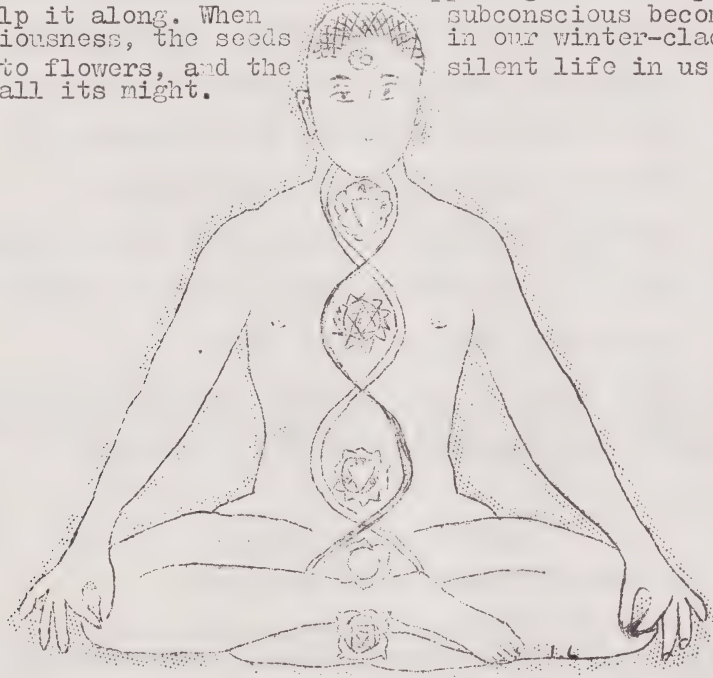
Thirty years of wandering, on the docks
 much too late, even to dream on a postcard.

GOD! Help me to hate you! It will only
 be one more miracle.....

J. M. L.

GROWING

Solitude is fearsome, silence is painful to those who have not yet learned to listen to it. But in silence things take their forms and one must be patient and watch. Within us, in our secret depth, lies the knowing element which sees and hear all that we miss. All our perceptions, all our past actions, all that we are today, dwelt once in that knowing, silent depth. And we all are much more than we think. We are more than we know. That which is more than we think and know is always seeking and adding to itself while we are doing nothing-or think we are doing nothing. But to be conscious of what is happening in our depth is to help it along. When consciousness, the seeds in our winter-clad selves turn to flowers, and the silent life in us sings with all its might.



A BIT OF CYNISME

or bitter realism?

There is a poster in front of me; for a long time I thought it was beautiful, something to lift the soul and the rest of that stuff.

It reads as follow:

A DEFINITION OF FRIENDSHIP

"FRIENDSHIP IS THE COMFORT, THE INEXPRESSIBLE
COMFORT OF FEELING SAFE WITH A PERSON HAVING
NEITHER TO WEIGH THOUGHTS NOR MEASURE WORDS,
BUT POURING ALL RIGHT OUT JUST AS THEY ARE,
CHAFF AND GRAIN TOGETHER, CERTAIN THAT A
FAITHFUL FRIENDLY HAND WILL TAKE AND SIFT THEM,
KEEP WHAT IS WORTH KEEPING AND WITH A BREATH
OF COMFORT, BLOW THE REST AWAY."

Sounds good? Taste it and you will puke! That mushy-mushy utopia is so sticky that, although it could hold the meek's mind together, it will turn stomachs.

Heard on a radio program a few days ago:

A nine years young boy, when asked which was his favorite Bible story answered that it was the story of Adam and Eve.

When asked what was the morale of this story, he displayed a rare intelligence by saying: "Never to listen to women and snakes."

REPORT

on Encounter

On September 12th we were visited by our second group to be organized from the Moncton area. This was the first session for this new group. The nine people that said they would come made good their commitment. Even Sister Angeline, the flying nun, was there and in good form too. Considering most first meetings, this session proceeded about normal with a few informative high points. The general disposition of the group, as an entity in itself, was quite mellow. The CKCW newsman walked briskly through the door and directly to the first seat straight ahead. He maintained and defended himself from this position throughout the evening. To a greeting near the 10:00 PM mark, he responded, a smidge nervously, with the well-worn cliché 'nice place to visit' etc. He promised to be warmer and bolder next session.

Our bookings to date sound like this; September 19th the Sackville group will return for their second session. On the 26th of September the new Amherst group has a commitment. The first organized Moncton group - will return on October 2nd and the second Moncton group has an option on October 9th.

As I consider the notes and reports on file here, it is obvious how the groups are developing. The more meetings a group has had and the longer the group relationship exists, the more meaningful and harmonious do their meetings become. Each group is at a different stage in their development. On the horizon a group is seen as a gathering of human friends and one night a in the world warm companionship is a practical commodity and an inkling of hope.

Frank W. Oliver

Chairman for ENCOUNTER

SEARCHING!

Who is right? Who is wrong? How should one think, how should one live.....

As a way of escape I have read and memorized things as:

" I cannot say much now about that which fills my heart and soul. I feel like a seeded field in midwinter, and I know that spring is coming. My brooks will run and the little life that sleeps in me will rise to the surface when called."

COMPANIONSHIP

"Give your hearts, but not into each other's keeping. For only the hand of LIFE can contain your heart . And stand together yet not too near together: For the pillars of the temple stand apart, And the oak tree and the cypress grow not in each other's shadow."

UNION

" No human relation gives one possession in another--every two souls are absolutely different. In friendship or in love, the two side by side raise hands together to find what one cannot reach alone."

The Shadows of Reality

The many bocks and the strange patterns and beautiful thoughts are the shades of those spirits that came ere you were come. The words that you do weave are a bond between you and your brothers. The conclusions, grievous and joyous, are the seeds that the past did scatter in the field of the spirit to be reaped by the future. That youth who plays with your desires is he who will open the door of your heart to let enter the light. This earth with the ever-open mouth is the savior of your spirit from the body's slavery. This world which walks with you is your heart; and your heart is all that you think that world. This creature whom you see as ignorant and small is the same who has come from God's side to learn pity through sadness, and knowledge by the way of darkness."

more----->

Seeing The Good In Every Man

Find out the best in a person and tell him about it. We all need that..... It will always make a person long to deserve the praise. And any real consciousness is aware of something greater than itself. PRAISE MEANS UNDERSTANDING. We are fine and great, fundamentally; overestimation of one another is impossible. Learn to see the greatness and the loveliness in one another-and to tell one another of it when we see it.

FANTASY AND TRUTH

Wisdom summons us to her board that we may enjoy her food and drink; and we go thence and fill our bellies, and that table becomes an occasion for littleness and a place of self-abasement.

Nature stretches forth to us the hand of friendship and bids us take delight in her beauty; but we fear her stillness and take refuge in the city and tumble one upon another as a flock of sheep before the prowling wolf.

Truth visits us led by the smile of a child and a lover's kiss, and we close the door of our tenderness against her and abandon her as one unclean.

The human heart asks succor of us, and the spirit calls us, but we stand as one turned to stone, hearing not nor understanding.

And when one hears the cry of his heart and the call of his spirit, we say that such a one is possessed of a madness and we cleanse ourselves of him.

MEMORY

Everyone has experienced that truth: that love, like a running brook, is disregarded, taken for granted; but when the brook freezes over, then people begin to remember how it was when it ran, and they want it to, run again.

J.M.L.

MEDITATION

We all hear about the great and rapid scientific discoveries and advancements in our contemporary civilization, but are we really keeping up with ever changing life styles science brings forth. If so, why are most people so frustrated, worried, depressed etc? And just what can be done about it?

Medical chemistry has invented, or rediscovered, many stimulents, downers and other expensive futilities. Those may work for some time and some budgets, but what of those who do not wish to be continually popping pills those who refused to be some kind of voodoo doll, and those who wish to maintain a stable level of sanity?

The answer is to be found in ancient civilizations. Even before history, man was nursing his nervous system and eliminating frustrations through some forms of meditation.

Today, an increasing number of people, of all life styles, are becoming aware of this ancient art and science which can eliminate troubles created by a space age. Millions who are discovering that meditation is a truly effective way to retain peace of mind is this rapid-paced, confusion and frustration inducive society of ours.

Some may object that they do not have time for meditation or that such practice is only fit for "religious fanatics". I strongly disagree with that. Meditation does not requires much time nor is it only for "religious persons". The average individual can greatly benefit from 10 to 15 minutes of meditation once or twice daily.

Meditation needs not to be of a spiritual or religious nature. It can be metaphysical relaxation, which refreshes the mind in a similar manner, or even better, than a nap. It relaxes tensed muscles withing overworked bodies so that they are revigorated and tonified.

How much better can one go back to work or face the mind hassling world after such refreshment! A person will likely accomplish much more than if those 10 or 15 minutes had not been consacrated to meditation. The fact that most of the large American Corporations made relaxation and meditation rooms available to their employees is most significant.

You have nothing to loose by trying meditation. How to learn to meditate? There are many center of various meditation groups springing in almost every major city across Canada. Join one of those or simply drop to a book store where you will find a vast selection of reading on meditation. Until you do so, just try to sit or lay, quietly, spine and head straight-breathe deeply, and try not to think. Just let the mind wander, but if thinking persists, orient it on something pleasant. IT WILL DO WONDERS FOR YOU.

Don Grimm.

"ARE YOU REALLY IN LOVE???"

Here are ten questions which, according to experts, will help to reveal the true depth of your feeling for your current heartthrob. Read these questions critically. Then evaluate the answers Provided. What new understanding do they bring you????

Millions of young people ask the question: "How will I know I'm in love?" Almost always the classic reply comes back. "Don't worry — when it hits, you'll know!" But now authorities report that this age-old piece of advice is wrong! As one expert puts it: "It's always difficult to know for sure... especially when you're young!" Nevertheless, knowing how to distinguish the real thing from the imitation can spell the difference between happiness and heartache. This quiz was prepared after extensive consultations with experts who have made wide-scale studies of this wonderfull yet mysterious emotion. It should help you to make that all-important decision: "Is it LOVE— or something else?????"

"QUESTIONS"

Check yes only if you have quite definite feelings about your answer. If there's some doubt in your mind, check no.

1. Did this thing happen all of a sudden?? yes no
2. Would you be very jealous and upset if someone eles made a serious play for him or her?? yes no
3. When you aren't together, do you find yourself mooning around, unable to do much except sigh over your beau or belle?? yes no
4. Are you more in love when you are together then when you are by yourself?? yes no
5. Do you honestly feel that the boy or girl is just about the Most Perfect Person in the world?? yes no
6. Are you, on the whole, pretty unhappy at home m with your parents?? yes no
7. Do you know how your heartthrob feels about money and children?? yes no
8. Do you find that, when it comes to this particular boy or girl, you are always anxious to appear at your best... that you are conscious about what you say and how you look and act?? yes no
9. Most people agree that there cannot be real love unless two persons share common interests. But how about common miseries?? Do both of you have a substantial number of complaints in common about homes, parents, school and other things in your lives?? yes no
10. Suppose your beloved has gone on an extended trip and written you beautiful and affectionate letters. Would you show these around in your group?? yes no

yes no

(Answers at back)

"NOTICE"

WE HAVE CHANGED OUR OFFICE ADDRESS FROM THE PAROLE
BUILDING IN MONCTON TO;

"LET'S FACE IT"

151 1/2 MOUNTAIN ROAD

MONCTON, N.B.

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CAMILE MALEFONT, HOME PH: 854-0101

DEAN PELTON, HOME PH: 382-6612

"LET'S FACE IT", AFTER HOURS PH: 854-9141

24 HOUR SERVICE

EX-INMATES WORKING FOR INMATES AND EX-INMATES

"LET'S FACE IT"

Thursday:a day between birthdays

by J.E.Bufflespout

It's thursday afternoon and I'm in school,sitting by the window with my back toward Bob's dictionary.I'm watching a fly.Generally I don't have anything against flies,but I do have something against THAT fly. THAT fly followed me all the way to school from a B-7 garbage can and then after some careful attention picked his spot and pooped right on my sleeve.I had been watching with new affection for the little creatures as he landed and skittered around on my arm.In fact I was on the verge of a policy change in favor of the fly when he abruptly and without malice dropped his strides and demonstrated this other dimension of his little life.

Meanwhile,on the other side of our green fan,(which was quietly facing the ceiling)Mike the teacher was sprawled in his old chair. Addressing him through the little bars surrounding the fan blades I said "How is this for the opening of an article I'm writing for the Echo".I read Mike the opening and as he was responding with his best grin,I noticed his big teeth.So he smiled and a little off-handedly remarked, "Yeh,it's just like everthing else"(he's Irish)"you get along alright until they start shitting on you".I showed Mike these first two paragraphs and watched him smile when he got down to the part about teeth. Observing that some of his teeth are store-bought,I sat on the other side of the quiet fan through the little bars by the window in front of Bob's big dictionary and waited for my next line.There was an awkward silence and it was obviously his move.He said "Yeh,you can tell em that they're false too".

Later on that day at the laundry change room I gave the Chinaman the nod;(I'd rather nod than yell).He came up to the window and eyed me a little cautiously.

continued,next page.....

He said "What do you want first, the good news or the bad news".
"The good news first" I submitted, light heartedly.
"It can be fixed" he announced, producing from behind him my shrunken and wrinkled hat.

For awhile I observed in silence, trying to keep in mind that at least it was very clean now.

He interjected "Jeez, it don't hurt baseball hats none", and then together we considered my Harris Tweed. Finally I said "O.K. what's the bad news". He then proceeded to inform me in small, vulgar but very descriptive words that alas my best hat has passed on through some changes.

When I opened my eyes this morning at 6:00 A.M., I realized that precisely 24 hours prior I became $\frac{1}{4}$ of a century old. Mom told me it was 6 A.M. and she was there too. At 25 years I had decided to detach myself from this cultural habit of celebrating my birthday. My preference to old age and the clock ticking the time away is to become longlived and well lived. When someone asks "what time is it" and you can't tell them because you don't have a watch, just say, "I'm not into time you know". If your life is shrouded in mystery and you have a little glint in your eye they'll never think you are poor or unfortunate, they'll just think you are doing your own thing.

At 7:30 A.M. I go down to #15 and me and Carl Casual have our daily chess game. Since he's been into the chess books I've been resigning alot. Thursday morning was no exception ... I resigned at about 8:10 and beat the feet.

That night at 10:55 I was shuffling accross the yard at centre field wearing my new shoes and keeping an eye peeled for flies and the old dog. A few minutes later I had climbed the stairs and was perched in front of my desk reading "Trout Fishing in America".

More on Encounter

It's fall now and the snows of winter shall soon cover the ground including the highways of New Brunswick and Nova Scotia. Let us pray and hope that those carloads of people: family, friends and Encounter groups have safe journeys on the highways on their way to Dorchester to visit us who await them.

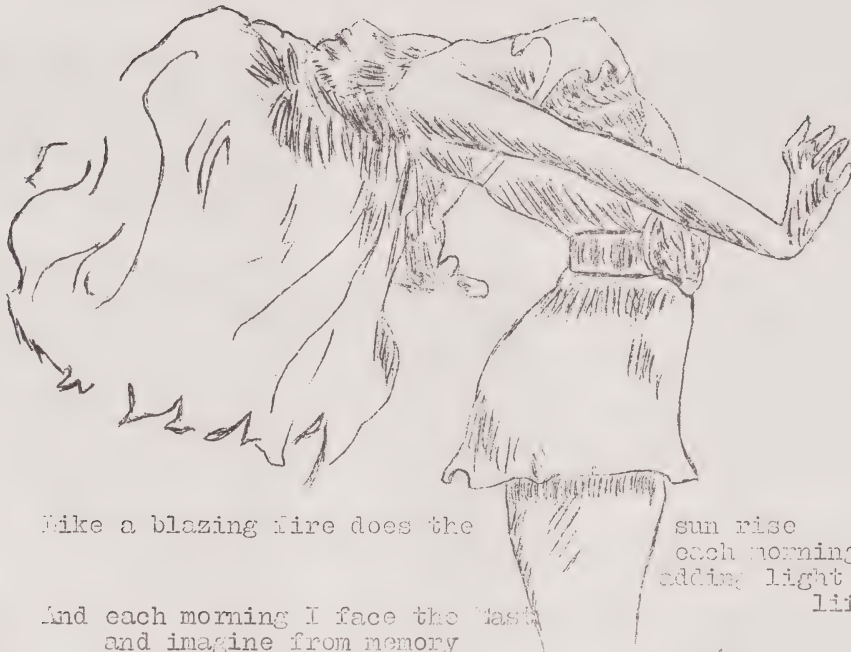
Frank Oliver --

It isn't important for a man and wife to like the same things---
if they can laugh at the same things.

The faults of others are like the headlights of an approaching car ~~and~~ they always seem more glaring than our own.

-- Ralph Waldo Emerson

The poorest man is not one who does not have a cent, but one who does not have a dream.



Like a blazing fire does the

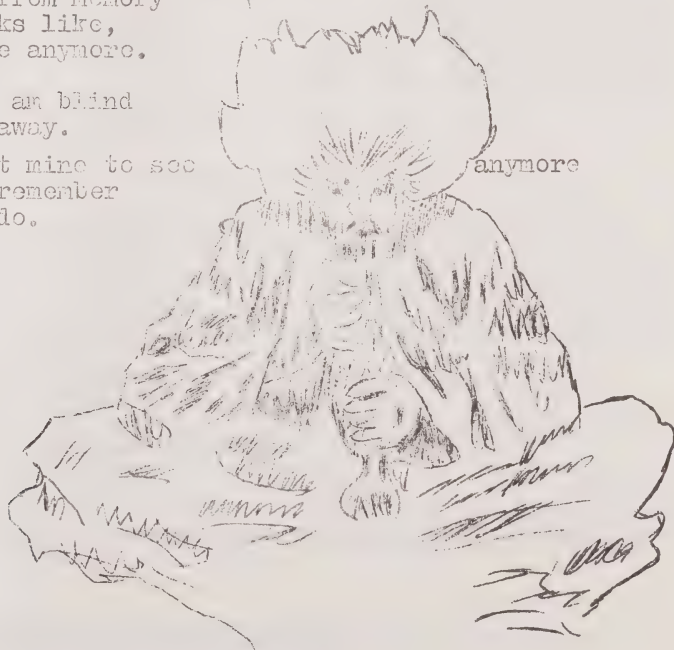
sun rise
each morning
adding light to
life.

And each morning I face the past
and imagine from memory
what she looks like,
For I may not see anymore.

It is not that I am blind
I am locked away.

And my sun is not mine to see
but only to remember
And, God, how I do.

anymore



J.H.D.

AS THE BRUISES FADE, THE LIGHTNING ACHES

AS THE BRUISES FADE, THE LIGHTNING ACHES.
LAST WEEK, MAKING LOVE, YOU BIT ME.
NOW THE BLUE AND DARK HAVE GONE
AND YELLOW BRUISES GROW TOWARD PALE DAFFODILS,
THEN PALER TO BECOME UNTIL MY BODY
IS ALL MY OWN AND WHAT THAT EVER GOT ME.



UNISON

Reports

UNISON IS AN AFTERCARE AGENCY FOR THE FEMALE OFFENDER AND WAS FIRST FUNDED NEARLY TWO YEARS AGO AND HAS NOW BRANCHED OUT TO WORK WITH

THE FAMILIES AND FRIENDS OF MEN IN PRISON. WE STARTED CO-OPERATIVE TRIPS TO THE SPRINGHILL AND DORCHESTER INSTITUTIONS LAST SPRING. IN THE EARLY FALL OF '73 IT WAS DECIDED THAT MY WORK WOULD LIE WITH THIS GROUP. WE STARTED TO MEET EVERY TWO WEEKS AND CHOSE THE NAME OF CONCERN, SIMPLY BECAUSE OF OUR "CONCERN", AND TO HAVE OUR OWN IDENTITY. MY JOB IS TO HELP IN SECURING EMPLOYMENT, UP-GRADING AND TRAINING GOING TO COURT WITH THE FAMILY, ASSISTING WHEN THE MAN APPLIES FOR A TLA (temporary leave of absence) PAROLE AND COUNSELLING.

'CONCERN'S' MAIN PURPOSE IS TO ENCOURAGE THE WOMEN TO TAKE AN ACTIVE ROLE IN THE MEN'S, PAROLE, AND TLA APPLICATIONS, BY UNDERSTANDING THE PROCEDURE AND PREPARING THE FAMILY FOR HIS RELEASE. CONCERN TRIES TO BRING FAMILIES AND FRIENDS TOGETHER IN A SELF-HELP GROUP WHERE THEY BECOME AWARE AND DISCUSS PROBLEMS COMMON TO EACH OTHER.

WE ALSO HAVE GUEST SPEAKERS ONCE MONTHLY: SUCH AS: CON-EMPLOY, JOHN HOWARD SOCIETY, NATIONAL PAROLE SERVICE, POLICE, WELFARE AGENCIES, JUDGES AND PEOPLE THAT UNDERSTAND THE PROBLEMS OF DRUGS AND ALCOHOL. THANKS TO DETECTIVE WYATT, FROM THE HALIFAX POLICE DEPT. WE ARE NOW KNOWN AS A GROUP OF WELL INFORMED WOMEN AND WERE TOLD THEY WOULD HELP US IN ANY WAY THEY COULD. THIS ALSO APPLIES TO ANY OTHER AGENCY THAT WE HAVE HAD CONTACT WITH.

COUNSELLING

EARLY LAST SPRING, THE INMATE COMMITTEE IN SPRINGHILL, ASKED TO ATTEND ONE OF OUR 'CONCERN' MEETINGS SO THAT THEY MIGHT HAVE THE CHANCE TO TALK WITH THE WOMEN ABOUT FAMILY COUNSELLING. THE END RESULT BEING, MARITAL COUNSELLING AVAILABLE IN SPRINGHILL INSTITUTION.

I ASKED DIANE KAYS AND MARIE GALLANT, BOTH OF THEM BEING MARRIAGE COUNSELLORS, TO ASSIST IN THIS PROJECT. THE COUNSELLING IS CARRIED OUT IN COMPLETE PRIVACY, AS WAS REQUESTED BY THE COUPLES. ALSO, UN-MARRIED COUPLES HAVE SEPARATE 'RAP SESSIONS'. FATHER BOB HALLITT, REV. PAUL CROSBY AND MYSELF PARTICIPATE WITH THIS GROUP. WE HAVE NOT HAD ANY PROBLEMS WITH THE ADMINISTRATION AND EVERYONE SEEMS TO BE IN FAVOUR OF THIS PROJECT.

CONJUGAL VISITS

CONJUGAL VISITS SHOULD BE A FIRST STEP LEADING TO FAMILY COUNSELLING, OR BETTER STILL, IN CONJUNCTION WITH FAMILY COUNSELLING. MY REASON FOR THIS LINE OF THINKING, IS THAT IT WOULD GREATLY DECREASE ANXIETIES AND PRESSURES ON INMATES REGARDING THEIR FAMILIES AND UPON RELEASE THEY ARE ABLE TO LIVE TOGETHER UNDER A MORE RELAXED STATE.

--STELLA ROBERTS--
CONCERN

Concern serves to encourage the participation of wives, families and friends of persons sentenced to penal institutions in the Atlantic Provinces.

UNISON

Ph: 429-1597

Madam JUSTICE is not so blind,
like any prostitute, she knows
where the money is and sells
herself to those who can pay.



The recent exoneration of former members
of the Nixon clique, John Mitchell and
Maurice Stans, tends to show that the
North American criminal justice system
does work. But don't let it fool you.

All it proves is that those who
have money and political influ-
ence....The national press made
extensive coverage of the trial
and the "tall tale" that it is
possible for men to be found not
guilty when no hard evidence is
produced was given a regain of
life. Point of fact; the exonera-
tion of Nixon aids only demons-
trated that such a sense of
fairness applies only to those
who are able to buy it.



The statistics speak for themselves, the average trial
ends in conviction, and those convicted are from
lower social-economic sphere are those who get the
"big time".

Then, Nixon is given a pardon BEFORE he even faces a
trial. Equal justice!

For a while we witnessed a few white collar criminals
being kicked around and even sentenced. However, this
was only a temporary measure and with Nixon's pardon,
things reverted to normal and the wealthy and influ-
ential will again be given their traditional slap on
the wrist when they bring attention on their social
class by getting caught in criminal activities.

American young men are imprisoned because they refus-
ed to break human laws and objected being instruments
to the wealth of manufacturers of war material. At the
same time, Nixon is given a pardon. Madam Justice must
be infected beyond hopes to have such an erratic
behavior. There is real danger that millions of men
be contaminated and resort to the type of cure so
popular in South America and in Greece.

J. J. L.

"ANSWERS"

Perhaps you thought yes answers revealed true love. Not so! It's the no reply that counts in each case except for Question 7. Here is why, according to the experts!!!!

1. Real love does not happen all of a sudden! When people say, "We fell in love the moment we met," they actually mean that each corresponded to a certain ideal image held by the other. Most of us create these ideals in our minds, whether we realize it or not. Thus, when we find someone who looks, acts and talks the way we imagined this special individual would, we are attracted—but that's all it is. Of course love can develop, but it takes time!!
2. Jealousy is not a sign of true love!! One of the greatest mistakes young people can make is to believe that more violent the jealousy, the stronger the love. Some jealousy is normal between two people who care deeply about each other. But jealousy is really possessiveness, not love. People who suffer acutely from jealousy often have an underlying sense of insecurity which leads to an overwhelming need to be loved. As a result, they can be extremely jealous even though they may not be in love at all!!
3. Mooning, sighing and daydreaming are signs of infatuation, not love!! Here's why: Real love is centered around the other person with your whole behavior directed toward his or her welfare and happiness. Thus, a boy or girl in love can study and work comfortably, knowing he or she is thereby contributing to the other's happiness. Infatuation, on the other hand, is self-centered. The smitten one becomes absorbed in his own misery on being separated from the adored one or in daydreaming about her. He is in love with love, not with a human being!
4. Love does not diminish when one is away from the loved one!! If you love a person more when you are with him, chances are that your judgment is being influenced by the charm and excitement of his presence. When he is not around to dazzle you, some doubts apparently push upward from the depths of your mind. If you feel this way, indications are that the love is superficial!!
5. Love is not really blind to a beloved's faults!! The Person in love knows and understands the other's shortcomings but cares deeply nonetheless. The infatuated person has a tendency to regard the object of adoration as a flawless gem!!
6. An unhappy home life can trick you into thinking you're in love!! The files of marriage counselors are filled with cases of young people who "fell in love" and married when all they really wanted was to escape from pressures they considered unbearable. For example, a young girl who is constantly battling with her parents sees her boyfriend as the rescuing Knight in shining armor who will "take her away from all this" She isn't in love—She wants out!!!!
7. Love cannot always perch on cloud 9: it must be practical. Two of the crucial elements in a marriage, experts point out, are money and children. Young people seriously in love must know each other's views on these topics, otherwise there may be misunderstandings that can break up a marriage. If a couple hasn't talked out these points, chances are the romance hasn't reached the real love stage!!!

8. Love does not make lovers ill at ease!! When the way you are impressing the other person is the dominant concern in a relationship, real love is still distant. When you know you are loved for what you are, you feel comfortable and at ease in the presence of the other person!!

10. Love is a private bond between two people!! Authorities - agree it can't be real if one party permits intimate details of a relationship to be made public, even to friends. It may be a bid for prestige in the group, but hardly love!!!

9. Being companions in misery is not the same as being in love!! Marriage partners should be able to share miseries, but such sharing is not in itself love. All too frequently, young people mix up the two and enter into marriage simply because each has discovered a fellow sufferer with whom to unite against an unfriendly background!!

"SCORING"

Give yourself ten points for each NO answer, zero for each yes except in Question 7, where it's 10 points for yes and zero for NO. If you scored between 70 and 100, it looks like the real thing, while 50 to 60 indicates some uncertainty may exist. Get 40 or less?? The romance may grow into love, but it's not there yet!!!!!!!!!!!!!!!!!!!!!!

Hi Folks

We are interested
in hearing from you;
How about it??
See you again next month!

EDITOR, THE ECHO
DRAWER A-B
DORCHESTER, N.B.
CANADA.

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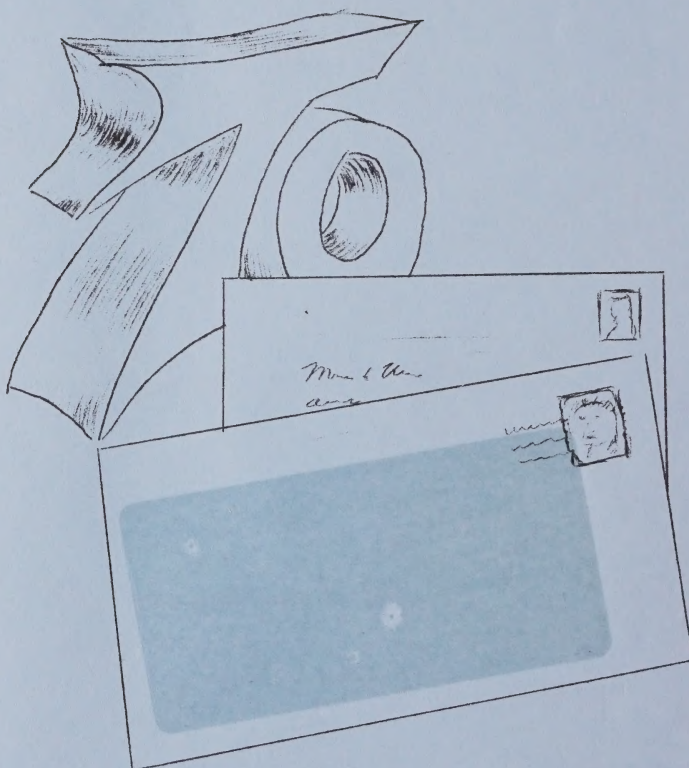
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FROM THE DORCHESTER JAYCEES
DRAWER A-B , DORCHESTER,
NEW BRUNSWICK, CANADA

DORCHESTER
PENITENTIARY
DRAWER "A"
DORCHESTER, N.B.
EOA 1MO



PEACE